

Be Careful What You Hear

By: David Burruss

I recently came across an image that stopped me in my tracks. On one side, there was a picture of an ear. On the other, there was an ear shaped like a womb with a baby inside. Underneath were the words: "Whatever you listen to will eventually be conceived and born into your reality. Choose carefully what you listen to."

At first, I thought it was a little unusual, but the more I sat with it, the more it spoke to me. That image captured a spiritual truth Jesus Himself taught. Our ears don't just hear sounds. They receive seeds. And those seeds grow.

In Mark 4:24, Jesus said, "Take heed what you hear. With the same measure you use, it will be measured to you; and to you who hear, more will be given." In Luke 8:18, He added, "Therefore take heed how you hear. For whoever has, to him more will be given, and whoever does not have, even what he seems to have will be taken from him."

In other words, what we hear and the way we receive it matters. Because sooner or later, what goes into our ears makes its way into our hearts, and what fills our hearts eventually shows up in our words, our choices, and our lives.

Think about it like this. If I continually listen to negativity, gossip, or fear, those things will not just stay outside of me. They will take root inside me and begin shaping my outlook until I live them out. On the other hand, if I fill my ears with God's Word, with truth and encouragement, those seeds will give birth to faith and hope. Romans 10:17 reminds us, "So then faith comes by hearing, and hearing by the word of God."

Paul also gives us a filter in Philippians 4:8: "Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy, meditate on these things." That is not just advice for our thought life. It is also a call to guard what we allow through our ears.

So here is the challenge for today. Treat your ears as carefully as you would treat your heart. Because in a very real way, your ear is a womb. What you allow in will eventually be conceived, carried, and born into your daily life.

Let's choose carefully what we hear. May our ears be a place where the Word of God takes root, where encouragement grows strong, and where the voice of Christ shapes us into His likeness.

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...IS A WOMB



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